

Capital City Striders Track & Field Invitational

June 13 - 14, 2008

University of Charleston Stadium
Laidley Field, Charleston, West Virginia

- Director: William "Chip" Ferrell (304-766-9478)
(wafjr@suddenlink.net)
- Meet Administration: Paul J. Gilmer, Jr. (304-389-1982)
304-343-0129 (fax) (pjpgilmer@aol.com)
- Entry Deadline: June 11, 2008 9:00 p.m.
- Mailing Address: Capital City Striders, Inc.
P O Box 1243
Charleston, WV 25326-1243
- Sanctions: This meet is sanctioned by both USATF & AAU. All clubs and un-attached athletes are welcomed to compete.
- Order of events: Proposed event start times are listed in this package although we will observe a "rolling schedule" and events may run as much as but no more than an hour ahead of the published start time.
- Officials: USATF Certified Officials and the Finish Lynx Timing System will be used to run the meet. The meet will progress with a minimum amount of delays and confusion allowing teams to begin the return trip home prior to nightfall.
- Individual Awards: Awards will be given to the top six places: first, second, third, fourth, fifth, and sixth places will receive medals. **Note: All events are not offered for every age group, so check the event listing carefully.** The meet will give awards in only four Master Age Groups: 30-39 Sub-masters, 40-49 Masters, and 50-59 Master Masters, and 60+ Grand Masters.
- Team Awards: Trophies will be awarded to the first, second, third, fourth and fifth place teams. Scoring: Scoring will be as follows: 10-8-6-4-2-1
- Directions to Laidley Field: **From I-64:** Take I-64 to Charleston Exit 99 (Greenbrier Street), to Washington Street; turn right onto Washington and go 2 blocks to the light at Elizabeth Street; turn right on Elizabeth to Laidley Field. **From I-77/I-79 North:** Take I-77 or I-79 south to Charleston Exit 99 (Greenbrier Street) to Washington Street; turn right on Washington Street and go 2 blocks to the light on Elizabeth Street; turn right on Elizabeth to Laidley Field.